

CONNECT

Wellbeing Hub

Great Bentley Primary
School

Book Now!

FREE Workshops for
schools, parents and
carers

IntoUniversity

A BIG welcome!

Teach First

In Tendring

Tendring
District Council



Junior Warden

A new and great
project



Councillor Lynda McWilliams -
Cabinet Member for Health and Education

As Portfolio Holder for Health and Education, I would like to welcome you to the first edition of 'CONNECT' our education newsletter from Tendring District Council. Highlighting the varied work we do with our schools and partners to make a positive impact on the children, young people and their families in the District.

Rebecca Morton, Executive Projects Officer at Tendring District Council has a varied work programme, with the primary focus of working with and supporting schools and education initiatives across Tendring. She is also a Youth Mental Health First Aid Instructor with Mental Health First Aid England.



Wellbeing Hub at Gt Bentley Primary School

Gt Bentley Primary school launched their pilot Wellbeing Hub in April 2017, a project developed out of concerns regarding the waiting times for mental health support. The Hub is an after school provision. It runs on a six weekly cycle, of one hour group sessions for children who are identified by teaching staff as needing additional support.

"A haven of time in a busy society. Time for the children to understand themselves."

Executive Headteacher Gt Bentley & Frinton Primary School, 2017

A team of teaching staff support the Hub, all of which have undertaken additional training to support the children including Youth Mental Health First Aid training (MHFA England), (delivered by Rebecca Morton, Executive Projects Officer, Tendring District Council), and also Theraplay and Thrive Training.

The sessions for the children are arranged in groups around the themes of play, art, construction and science. The overall aims of the Hub are to:

- Build resilience and self esteem
- Encourage each child to recognise and express emotion, and
- Learn tools and techniques to deal with these
- Develop a culture where the children accept feelings such as anxiety will happen, and learn how to identify that in themselves and how to manage it
- To gain "a rucksack of skills" to take them forward into secondary school and beyond

Running alongside the sessions for children, the school also offer support to parents and carers in terms of information sessions on subjects such as sleep and nutrition.

Evaluation of the first term of the Hub shows very positive early signs of improvements, with children able to express their feelings, help one another and generally feeling better about themselves.

Both Gt Bentley Primary school and Tendring District Council have a shared vision of the development of the Hub model in other primary schools across the District.

"Equipping children with skills to manage their feelings and mental health at the primary school age can only have a positive impact on their future."

Rebecca Morton, Executive Projects Officer, TDC & Youth MHFA Instructor

For further information:

If you are parent/carer and would be interested in finding out more about the Hub, please contact Gt Bentley Primary School.

Tel: 01206 250331

Email: wellbeing@greatbentley.essex.sch.uk

If you are a school, and would be interested in finding out more about setting up a Hub, support can be offered by both Gt Bentley School and Tendring District Council. We would be happy to assist!

Rebecca Morton, Executive Projects Officer, Tendring District Council

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Email: rmorton@tendringdc.gov.uk

Gt Bentley Primary School

Tel: 01206 250331

Email: wellbeing@greatbentley.essex.sch.uk

Gangline Workshops - raising awareness in secondary schools

Part of the Gangline work undertaken by Tendring District Council's Community Safety Team includes training for frontline professionals, mentoring of vulnerable gang members, and workshops within secondary schools.

During the **school workshops**, Gangline work with all year groups from years 7 to 11. Although the sessions for each year group are slightly different the message remains the same.

During the sessions Gangline will talk about recruitment techniques used by London gang members that are in the area, the risks associated with gang activity, and the legality of certain activities.

So far we have been able to offer these workshops to three Tendring schools, with a further three being offered workshops throughout 2018.

It is hoped that young people, armed with information about the pitfalls of gang activity, will be able to make positive life choices that have beneficial affects on their future, and the community as a whole.

Gangline workshops will be available for Tendring schools on the following dates at our Weeley Offices, 9.30 - 4.30pm

Monday 12 March 2018

Monday 16 April 2018

Monday 14 May 2018

Monday 11 June 2018

FOR SCHOOLS TO BOOK the Gangline workshop, or for further information, please contact:-

Richard Eastwood, Safer Communities Officer

Tel No: 01255 686078

Email: reastwood@tendringdc.gov.uk



Richard Eastwood - Safer Communities Officer



FREE - E-Safety Parent Sessions

FREE E-Safety Parent Sessions are to be held in March 2018 at the Princes Theatre for Parents/Guardians/Carers of children in years 6/7/8/9 across the Tendring District.

The Dark Web, how much do you know? This information session will get parents up to date with apps your children are using.

When you think about Stranger Danger, are you thinking of a white van outside a school or a man with a dog that has just had puppies? This event will take that message and turn it on its head.

The 'Walk Online Roadshow' includes presentations to both parents and children. The roadshow was inspected by OFSTED in 2016, and was singled out in January 2017 as being an example of National Outstanding Practice. This roadshow has now been delivered to over 35,000 children in the past year and continue to receive outstanding reviews.

Unlike similar events this presentation will not be covering issues like password security or blocking software. The aim is to bring parents totally up to date regarding the apps their children are using and how they are being directly targeted in that environment by paedophiles.

The figures that are mentioned will be coming direct from children in Essex who have been spoken to within a week of the event and are sure to shock everyone that attends.

TO BOOK: The E safety sessions are running 1st, 8th, 15th March in the Princes Theatre, 7pm - 9pm. Tickets bookable online <https://princetheatre.ticketsolve.com/shows/873586044>

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The Tendring
Community Safety
Partnership

**PRINCES
THEATRE**
Clacton-on-Sea

Young Persons Crucial Crew

Young Persons Crucial Crew is an annual event for all year 6 pupils. This year the event was held at the old Bishops Park College on Jaywick Lane. It ran for 1 day a week over an 8 week period. The format was changed for this 2017 event; previously there were 10 x 10minute sessions. This year there were 3 x 30 minute sessions focusing on the real issues young people face today;

Gang awareness, Internet Safety/Grooming and Healthy Relationships

At the end of each session an evaluation form was completed by pupils and school staff. The feedback received has been excellent.

In 2017, we had 34 schools from across the Tendring District attend Crucial Crew with over 1300 pupils. Further sessions for school to be planned for 2018.

For future information on Crucial Crew please contact Charlotte Root on the contact details above.



The Tendring
Community Safety
Partnership

Tendring
District Council



IntoUniversity

Tendring would like to offer a warm welcome to IntoUniversity, who opened their Learning Centre in Rosemary Road Clacton in October 2017.



IntoUniversity is an education charity that provides local learning centres where young people are inspired to achieve. At each of our 24 local centres across England **IntoUniversity** offers an innovative, long term programme that supports young people from disadvantaged backgrounds to fulfil their academic potential. We work with young people from age seven to eighteen, both in-school and after-school to provide long term pastoral support, enabling them to make the best choices for them about their future, supplementing the work done by schools and families to ensure that these young people can go on to University, or whatever their chosen aspiration. As a charity, we are funded to work with young people who meet certain criteria, you can find out more about that on our website: www.intouniversity.org

IntoUniversity opened in Clacton in October 2017 after a long consultation period, followed by some building work on the chosen site in Rosemary Road. The Clacton centre has four full time members of staff and has a particular focus on the STEM subjects (Science, Technology, Engineering and Maths.) With this in mind, it has a range of resources to support learning from a well-stocked fiction library, non-fiction texts, revision guides and prospectuses to a computing suite with iMacs and a 3D printer. The centre is part funded by Anglia Ruskin University, with the rest of the funding coming from various trusts and foundations as well as charitable giving - all raised by our dedicated Head Office Fundraising team - this means our services are free to schools and families.

Since opening in October we have delivered our Year 6 Primary FOCUS Week, to four different classes, with another 4 classes scheduled to take part in the Spring Term. The Year 6 classes have been on exciting trips to Colchester Zoo, Weston Homes Community Stadium and also Anglia Ruskin University. We have also delivered a range of workshops in both Clacton County High School and Clacton Coastal Academy, including one-to-one support with Personal Statements for Year 13. We have also launched our after-school academic support and have had 21 secondary aged pupils attend our session to get support with their homework, and to work on their soft skills and think about their futures. We have also welcomed 11 primary aged students who all took part in our engaging primary curriculum; we studied psychology last term, and we are studying chemistry in the spring term. We will also in the future be offering young people in Year 6 and above the chance to have a university student mentor, we plan to recruit volunteer students from Anglia Ruskin to have regular one-to-one meetings with the young people who access our provision.

IntoUniversity began in 2002 and became a charity in its own right in 2007; in all that time we have never closed a learning centre. This means we're hoping to become an established part of Clacton, and so far the community has been incredibly welcoming.

We're always happy to have visitors and to answer any questions so feel free to come and see us and find out more about who we are and what we are offering.

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'Teach First' Teacher Training Programme

Education in the UK isn't fair. Children from the poorest backgrounds aren't achieving their ambitions.

Teach First is a charity with the vision that no child's educational success should be limited by their socio- economic success. In September, 66 new Teach First teachers began making an impact in classrooms across the East of England, including **11 new primary and secondary teachers in Tendring**. Clacton Coastal Academy have three first year TeachFirst trainees, two in English and one in history.

TeachFirst

Stephanie Neill, Principal at Clacton Coastal Academy comments:

"This is the first year we have had the privilege of working with 'Teach First'. The quality of our Teach First teachers is exceptional and they are already having a significant impact in the departments where they teach and across the school. Our young people deserve the highest quality teaching and "Teach First" is a key part in ensuring this happens."

Charlotte 'Teach First participant 2017' comments - "Teaching in Clacton has introduced me to an area of the country I knew very little about and I feel is often overlooked. Clacton has opened my eyes to some of the educational issues which lie right here on our doorsteps in the UK. That being said, I have had such a wonderful experience; everyone at the school has been so welcoming and supportive. I have had a fantastic time living with other Teach First participants, exploring the local area together. Above all, I have thoroughly enjoyed building relationships with the children in my class and feel like I have learnt just as much (if not more!) from them as they have from me!"



Rhian Harris - Partnerships Manager

The Future

"I feel that I will definitely want to continue teaching at Whitehall once I have completed the Teach First programme. This school is an absolute joy to work in despite the issues it faces and the staff here are truly inspiring. Furthermore, I have become involved in the local community as a Scout Leader and really feel there is a lot to be gained from getting really involved in your local area. On top of all that, our explorations have shown us that the East of England, and Tendring in particular, has some truly beautiful beaches and scenery to be discovered!"

Charlotte 'Teach First participant 2017'

Teach First's Leadership Development Programme is the only teacher training programme in the country with a focus on leadership development to meet the needs of disadvantaged young people, and our trainees now make up over a fifth of new teachers in low- income areas of England.

Teach First is now looking to support further eligible schools in Tendring to recruit high calibre teachers for September 2018.

Please contact school partnerships manager Rhian Harris at rharris@teachfirst.org.uk or on 07447 180 056 to find out more about how Teach First could support your school. There is also more information on our primary and secondary programmes on our website - <https://www.teachfirst.org.uk/schools/our-world-class-teacher-training>

The Junior Warden Project

Developed by Tendring District Council, and working in partnership with the Jaywick Sands Community Forum, the annual Junior Warden project is aimed at encouraging children below senior school age to become more involved in their community and take pride in the area in which they live. Junior Wardens are encouraged to show respect for themselves, their community and their environment.

This project has been running annually for four years now with year 6 pupils, and is delivered over two months. During 2017, the focus was Cultural Awareness and by being part of the project Junior Wardens became community ambassadors who delivered the message to friends and families about their understanding of the differences between themselves and people from other countries or other backgrounds, especially differences in attitudes and values.

The activities that the children were involved in reflected differences in culture within countries such as China, Africa, and India. The children also looked at regional culture in London, England.

By immersing themselves in these activities the children journeyed through lands far away, without leaving their classroom. They sang, they danced, they acted out scenes, they learnt. The journey was creative and fun. Most importantly they discovered that each culture had something in common - "That we are all from the same planet!"

At the end of it all they agreed that they had not only learnt about these differences - they had celebrated them too!

Exciting news for schools in 2018!: Following a successful funding bid to the Essex Police and Crime Commissioners Community Safety Development Fund, Tendring District Councils Junior Warden Project is to be extended this year to reach 10 schools in the Tendring area. The theme this year continues to be Cultural Awareness and the pupils will learn about and celebrate other cultures through Multi-Cultural activities which include: storytelling, drama, dance and art.

For further information please contact Teresa Watson:-

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